ABX FAIL TO REHEARSAE

**FAIL TO REHEARSE, PREPARE TO FAIL**

 Most will agree that to perform well you must rehearse and yet most will put it off. Why? Here are the six common excuses.

*“*I ran out of time”. **Make time. Make rehearsal a deadline, not an option.**

“Script needs revising”. **An okay script properly rehearsed will out-perform** the ‘perfect’ one un-rehearsed.

“The visuals aren’t ready”.**You are more important. Rehearse without them.**

“I like to reserve my energy”.  **You’re avoiding the discomfort of rehearsal.**

“Spontaneity will suffer”. **The more rehearsed, the more confident you’ll be.** **This enables spontaneity.**

Most of the excuses are face saving of saying ‘I can’t face it.’ So, you must ‘feel the fear’ and rehearse regardless.

When Grayson Perry delivered his Leith Lectures, he impressed with his engaging and, apparently, off-the-cuff approach . In fact, as Sue Lawley, who introduced him, said: “***He is one of the few lecturers to* meet** ***the agreed deadlines for delivery of the text and the only one, to my knowledge, to ask for a full rehearsal”.***